

Montana Friends of Jung Presents

POLLY YOUNG-EISENDRATH

Friday, November 10 and Saturday, November 11, 2017

The Element Hotel, Bozeman

“Gathering Up Our Brokenness”

Friday Night Lecture, 7:00 – 8:30 p.m.

Often, we hear about grieving our mistakes, failures, losses, and imperfections, but rarely do we learn how to mine them for their richness. Because human beings are naturally broken — with personalities that are largely unconscious, reactive, and hard to manage — we have countless opportunities in our relationships and work to see our selves in the cracks of the mirror. This workshop draws on Carl Jung’s psychology of individuation and the Buddha’s teachings on awakening to offer a new vision of imperfection with its inherent openings to compassion and love.

“Love is a Spiritual Path: Relationship as Psycho-Spiritual Development”

Saturday Workshop, 9:00 a.m. – 4:30 p.m.

This workshop explores the nature of “true love” or “personal love,” defined as mutual love between equals, requiring insight, mindfulness, equanimity, emotional maturity, open communication and honesty. True love, in this sense, is different from romance and from biological attachment bonds. Polly guides participants toward understanding how and why well-meaning people get caught up in harmful emotional patterns if they do not understand their inner lives as individuals. The workshop shows people how to “mind the space” between them with respect and compassion.



Polly Young-Eisendrath is an engaging and imaginative speaker, writer, Jungian analyst, and mindfulness teacher. Some of her book titles are *The Self-Esteem Trap*; *Awakening and Insight: Zen Buddhism and Psychotherapy*; *Female Authority*. For much more information about Polly see www.young-eisendrath.com.

This program is for therapists and the general public. All welcome.

Friday lecture & Saturday workshop: \$170.00. Lunch will be on your own.

Seven (7) CEUs are included in the fee for those who want them.

If questions, contact, Inese Wheeler (Inese@bresnan.net).

MSU/UM students w/ID: \$80.00

Friday lecture only: \$20

MSU/UM students w/ID: \$10

Early registration is recommended. Send check to:

Montana Friends of Jung, P.O. Box 6565, Bozeman, MT 59771.

If interested in using PayPal, ask Valerie Harms (Valerie@valerieharms.com)

Montana Friends of Jung is a nonprofit educational organization. Visit www.montanafriendsofjung.org and like us on Facebook.